



Dear Friends,

Now, more than ever, our veterans are in need of the support we provide here at Boulder Crest. 2021's annual report, "Beyond Our Walls," allows us a chance to share Boulder Crest's impact efforts and offer you a better understanding of how to support this growing national need.

Without a doubt, 2021 was an unprecedented year. 2021 marked two decades of warfare and the end of the war in Afghanistan. When the final US flight departed Kabul, the images and videos left our combat veterans with a broad range of emotions. And just when we all thought it was over, the crisis in the Ukraine occurred.

Since our opening in 2013, Boulder Crest has hosted over 7000 combat veterans, first responders, and their family members. In response to a greater demand for our services, Boulder Crest has scaled our Warrior PATHH program to seven other locations across the country. What was at one time only one Warrior PATHH program per month, is now nine.

We have also taken the concepts of Warrior PATHH, put them in to a book, Struggle Well, Thriving in the Aftermath of Trauma, and now export Struggle Well trainings to both active-duty military units and first responders.

In this report is a real example of our work. The story of Serena showcases our work and how it profoundly impacts those we serve. Thousands of warriors like Serena are transformed by our successful programs, and tens of thousands still need your help.

Thanks to your generosity, we expanded in 2021 even more than we imagined.

We are truly grateful and appreciate your continued confidence and support that makes this life-changing work possible.

Sincerely,

Ken Falke

Founder and Chairman of Boulder Crest Foundation







Boulder Crest believes a Warrior is never a victim of circumstance, rather, Warriors choose to serve and protect a cause that is greater than themselves. This means bravery, courage, sacrifice, and integrity are words to live by. Warriors have a deep love of country and a desire to always honor, serve, and protect.

When traumatic life experiences occur, the surrounding narrative is that trauma survivors forever live with a diminished, broken version of themselves. However, with the right training and philosophy, the outcome can be threefold: 1) A positive perspective, 2) Personal growth, and 3) A renewed life.

Boulder Crest programs are built by warriors, for warriors, and are based on the science of Posttraumatic Growth. In 2021, we finalized Warrior PATHH Curriculum Version 5.0 and continued with our nationwide expansion.

The Posttraumatic Growth training Boulder Crest provides is free of charge to those we serve. Boulder Crest programs ensure our warriors and their families can thrive, instead of just survive.

### **WARRIOR PATHH**

A three-month program that begins with a seven-day intensive and immersive training course for combat veterans and first responders.

#### **COUPLES PATHH**

A five-day program that enables combat veterans and their spouses to make peace with their past, grow, and reconnect.

## **SW:S PATHH**

A three-day program in partnership with SongwritingWith:Soldiers, for warriors, couples, spouses/caregivers, and Gold Star Family members. Participants take part in collaborative songwriting sessions with professional songwriters and participate in key aspects of PATHH programming.

#### **FAMILY REST & RECONNECTION STAYS**

2-7 night stays provides combat veterans and Gold Star Families with the chance to rest, reconnect, recharge, and grow at our Virginia and Arizona properties.

#### **MILITARY TEEN WEEKENDS**

A three-day program that serves teenage children of those who serve. This program provides like-minded peers with lifetime friendships and a memorable experience.







All Boulder Crest programs are based on Posttraumatic Growth, a science co-founded by Dr. Richard Tedeschi. Boulder Crest's Institute for Posttraumatic Growth leads training sessions for the military, veterans, essential frontline workers, and first responders.

Boulder Crest is providing Struggle Well trainings to the Miami-Dade and Tucson Police Departments and growing this training to four other cities in 2022.

Our 2021 Struggle Well training brought together over 1,000 first responders, including police, fire, EMS, emergency management personnel, dispatchers, and healthcare workers.

In addition to training military and first responders, Boulder Crest formed partnerships with the American Psychological Association and the American Social Workers Board to bring the science of Posttraumatic Growth to mental health professionals.

"Struggle Well training has been immensely beneficial to officers from across Dade County...

I am heartened that this training is going to be made available to more of my brothers and sisters across the country."

CHIEF RENÉ LANDA, SOUTH MIAMI POLICE DEPARTMENT

"The reality is, these are human beings who have sick children, who have aging parents, who have just suffered a loss, who are still trying to process a child dying in their arms the shift before. These are all things that if we don't create an environment where we can talk about it, where we can offload those feelings and support each other, we're going to have outcomes in the field we don't want and officers leaving the profession much sooner than they should."

CHIEF CHAD KASMAR, TUCSON POLICE DEPARTMENT







"For the first time, in a long time, I felt hopeful...that there is not only a community for warriors like my husband but also an extension of thoughtfulness and care for spouses/caretakers."

"I appreciate the stages of Songwritingwith:Soldiers PATHH that showed us **scared at the beginning**, then **building trust to open up** and then being OK with others hearing my song. **The process brings change in such a short period of time**."

**FAMILY R&R PARTICIPANT** 

**SW:S PATHH PARTICIPANT** 

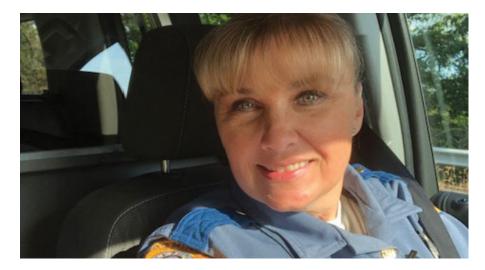


Serena only saw a world that was hazy, gray and foggy. Every day was dull, and there was no joy in any of her experiences.

As Serena drove towards her Warrior PATHH program, she pulled over with every intention of keeping her life as it was.

Then reinstated, she found one last ounce of strength to keep going. That decision would change her forever.

The traumatic stress during Serena's nearly 24-year career as a Washington State Trooper, led to failed personal relationships and overwhelming feelings of disconnectedness from the world around her.





Serena fell into a deep state of depression and did not know where to turn. With a heavy stigma surrounding stress associated with Serena's service in law enforcement, she felt there was no community support system surrounding her when she needed it the most.

Serena entered the labyrinth on the last day of her program. While quietly and calmly walking, she was overcome with a sense of internal release.

Warrior PATHH changed Serena's life from that moment, and every life experience that followed. She finally realized that her trauma wasn't something to be ashamed of.



Serena is now able to see all the brightness that life has to offer, and how beautiful the world is despite her past.

Today, Serena intends to serve as an example for other females in law enforcement.

She wants other first responders like herself to learn about Boulder Crest, attend the program, break the stigma, and find their new purpose.









# **OUR MISSION**

To facilitate Posttraumatic Growth through transformative programs, world-class training and education initiatives, and research and advocacy efforts.

## OUR IMPACT

Boulder Crest continues to demonstrate a profound impact on our participants' day-to-day quality of life.

Thanks to you, we are excited to share that our tremendous impact and growth gets stronger every year.

326 FAMILY R&R GUESTS

1069 STRUGGLE WELL STUDENTS

603
TOTAL
VOLUNTEERS

VOLUNTEER HOURS

100%

207
WARRIOR PATHH
STUDENTS

2602
TOTAL BCF
PARTICIPANTS

CORPORATE VOLUNTEER GROUPS

48
OUTREACH
EVENTS

OF PARTICIPANTS RECOMMEND BOULDER CREST FOUNDATION



## **ASSETS**

Cash \$11,081,010 **Pledges Receivable** \$131,789 **Net Land, Property & Equipment** \$15,697,826 Investments \$699,332 **Other Assets** \$403,879 **Total Assets** \$28,013,836

#### LIABILITIES & NET ASSETS

**Accounts Payable/Other Liabilities** \$345,884 \$345,884 **Total Liabilities Total Net Assets** \$27,667,952 **Total Liabilities & Net Assets** \$28,013,836

## STATEMENT OF ACTIVITIES

Contributions \$3,189,968 **Special Events** \$781,856 **Grants** \$5,286,406 **Other Revenue** \$132,663 **Total Gross Revenue** \$9,390,893 **Less Special Event Direct Costs** \$304,154 **Net Public Support & Revenue** \$9,086,739

## **PROGRAM SERVICES**

**Total Program Services** \$5,746,833

## SUPPORTING SERVICES

**END OF 2021 NET ASSETS** 

**Management & General** \$620,122 \$883,901 **Fundraising Total Supporting Services** \$1,504,023 **Total Expenses** \$7,250,856 **Change in Net Assets** \$1,835,883 **START OF 2021 NET ASSETS** \$25,832,069

\$27,667,952

## **BOARD OF DIRECTORS**

Ken Falke Chairman & Founder

Fred Malek Vice Chairman & Co-Founder

**Braden Edwards** 

Secretary

**Lesley Kelly** Treasurer

**Robert Assenmacher** 

## James Ball

Jane-Scott Cantus LTG John A. Dubia U.S. Army (Ret.)

**Rob Gaines** 

**Tony Giachinta** Frank Killoran

Frank Larkin

Paul Lombardi Michael Monroe **Pinakin Patel Brian Rathjen** John Register

**Shawn Springs** Will Walker

**MSgt Rob Wilkins** U.S. Air Force (Ret.)

## **HONORARY BOARD**

The Honorable Chuck Hagel Former Secretary of Defense

The Honorable Bob McDonald Gen Norton Schwartz Former Secretary of Veterans Affairs

The Honorable John Lehman Former Secretary of the Navy

The Honorable Michael Wynne Captain Charles Plumb Former Secretary of the Air Force

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**Gen Peter Pace** U.S. Marine Corps (Ret.) **ADM William J. Fallon** U.S. Navy (Ret.)

U.S. Air Force (Ret.)

**ADM Eric Olson** U.S. Navy (Ret.)

U.S. Navy (Ret.)

MSG Leroy Petry

U.S. Army (Ret.) · Medal of Honor Recipient

**Rocky Bleier** 

Veteran & Former NFL Player

## WELLNESS COMMITTEE

John DiJulius **Brian Gast** 

Dr. Mike Hemphill, PhD **Randy Hetrick** 

Dr. Gary Elkins, Ph.D

Dr. Christopher Frueh

Dr. John Norcross, Ph.D

Rick Houcek

## SCIENTIFIC ADVISORY PANEL

Dr. Richard Tedeschi Distinguished Chair

Dr. Bret Moore

Vice Chair

Jane Shakespeare-Finch, Ph.D

Dr. Charlie Reeve, Ph.D Dr. Kanako Taku, Ph.D

Dr. Judah Viola, Ph.D



#### \$1,000,000 & ABOVE

- · A. James and Alice B. Clark Foundation
- · The Arthur M. Blank Family Foundation
- · The Avalon Fund
- · The Marcus Foundation, Inc.

#### \$500.000 - \$999.999

- · Ford Motor Company Fund
- · Lockheed Martin
- · USAA Foundation

#### \$100.000 - \$499.999

- · Anonymous1
- · The Boeing Company
- · Disabled American Veterans
- · Operation Legacy Foundation
- · Resnick Foundation
- · Roberts & Rvan Investments
- · Wounded Warrior Project

#### \$25,000 - \$99,999

- · Abramson Family Foundation
- · America's Charities
- · AT&T Services, Inc.
- · The Capital Group Companies Charitable Foundation
- Jim and Vicki Click
- · Double Wood Farm
- · Brian Endres
- · Frederic and Britlan Malek Gift Fund
- · Christine and Curtis Gardner
- · Gary Sinise Foundation
- · William and Susan Grav
- · Moti and Kelly Ifergan
- · J.F. Lehman and Company
- · Frank and TJ Killoran
- · McCrea Equipment Company Inc.
- · Monoflo International, Inc.

- NikiPro Foundation, Inc.
- · The Palmer Foundation
- · Pelican Products, Inc.
- Penske Foundation
- · Raytheon Company
- · RBC Foundation USA
- · Karen Ritchie
- · Sagewind Capital, LLC
- · Derek Schrier and Cecily Cameron
- · Skookum Contract Services
- · The Family of Josh Brown
- · TRX Training
- · United Rentals, Inc.
- · Veterans United Foundation
- · VFW Valley Veterans

#### Ride for Heroes

#### \$10,000 - \$24,999

- · 911 Tower Challenge Foundation
- · Accenture Federal Services
- · American Scaffold
- · Anonymous<sup>2</sup>
- · Anonymous3
- · ASRC Federal
- · Baker Hostetler LLP
- · BDO USA, LLP
- · Rlank Rome LLP
- · Frank and Carol Chambers
- · Charity Golf International
- · Robert W. Chasanoff
- · The Claude Moore
- Charitable Foundation
- · Clune Construction Company
- · Contemporary Electrical
- Services, Inc.
- · Credit Suisse Securities
- · Curt Kolcun Charitable Fund

- · Debevoise & Plimpton, LLP
  - · Carolyn and Braden Edwards
  - . Entact
- · Patty and Greg Penske Family PG · Evercore Partners Services East L.L.C.
  - · Rob and Laurie Gaines
  - · Guidehouse LLP
    - · David and Jennifer Hatfield
    - · Heavy Construction
    - **Contractors Association**
    - · Henry's Wrecker Service
    - · Houlihan Lokey, Inc.
    - · Idemia Identity & Security USA
    - · IMIA Holdings
  - · IT Concepts, Inc.
    - · Jaquish & Kenninger Foundation
    - · Jones Day
    - · Lake Shore Systems, Inc.
    - · Wayne E. Lanhardt
    - · Leighton-Oare Foundation, Inc.
    - · Lombardi Family Foundation

    - · Lonestar Disposal
    - · Kevin Lynch
    - · Paige and Ian Macleod
    - · Macquarie Capital

    - · ManTech International Corporation
    - · Mitchell and Pamela McCullough
    - · The McGhee Foundation
    - · Amy and Andrew McKnight

    - · Morgan Stanley
    - · NCI Information Systems, Inc.
    - · Northrop Grumman
    - · NorthStar Group Services, Inc.
    - · The Noto Family

    - · Penske Corporation
    - · PricewaterhouseCoopers, LLP
    - · Michael Pronio
    - · R3 Strategic Support Group, Inc.

- Rumsfeld Foundation
- · Shearman & Sterling LLP
- · Laura and Greg Spivy
- · Daniel D. Springer
- · Sumitomo Mitsui Bankino
- Corporation · Trident Maritime Systems
- · Trillium Engineering, LLC
- · Waste Control Specialists LLC
- · Wise Foundation
- \$5,000 \$9,999
- · Acuity, Inc.
- · ADS. Inc. · Alvarez and Marsal Holdings, LLC
- · Amazon.com
- · America's Best Local Charities · American Legion Auxiliary Unit
- 270. Angels of Mercy
- · Anonymous4
- ASGN Incorporated
- · Rob and Liana Assenmacher
- · Assenmacher Foundation
- · William and Cheryl Bacon
- · Steven and Pamela Barger
- · Barings
- · The Baupost Group, LLC
- · Benrus Watch Company · Bernhardt Wealth Management, Inc.
- · Alfred Bever
- · Bluemont Vinevard
- · Chris Blundell
- · The Brandt Foundation
- · Broadleaf, Inc.
- · The Callaghan Family Charitable Fund
- · Capital Mechanical, LLC Michael Carlson

- · Cassaday & Company, Inc.
- · Bruce Chudoba
- · Nell
- · The Erkiletian Family Foundation
- · Franklin Templeton
- · Joe Gervais

- · Lesley and Brian Kelly

- · Laurie and Todd Platt Family
- Charitable Foundation
- Kevin and Loraine Melich
- · Dick Metz
- · OBX Tek. Inc.
- · Gail Pilmore

- · Ravtheon Technologies
- · Concept Plus, LLC
- · Gordon Crawford
- · William and Mary Fallon
- · Ferguson Family Charitable Fund
- · Grant Thornton LLP
- · Gridiron IT
- Brian and Flizabeth Grossman
- · H&D Mechanical, LLC
- · Harney Peak Foundation · Hemington Wealth Management
- · Horizon Builders Group
- · Humana Military
- · ID Technologies
- · IT Cadre, LLC
- · The JIAN Group, LLC
- · Joe Namath Foundation
- · Dennis Kelly
- · KippsDesanto & Co.
- · Kramer Portraits
- · Susan and Chris Mastn
- · Thomas McGrath
- · Mercer LLC
- · Michael Nagy
- · Joe Petite

- · Roy A. Hunt Foundation
  - · Pete and Elizabeth Seegers · Sehlke Consulting, LLC
    - · Elizabeth and William Shea, Jr.
    - · Soar With Eagles Enterprises
    - · Tom and Amy Souza
    - · ThunderCat Technology
    - · Veterans Management Services, Inc.

    - · B3 Solutions

    - · Bear Chase Brewing Company

    - · David and Leslie Buermeyer · CAID Industries

    - · Mackie and Rabbit Christenson
    - VFW Post 9760
    - · Conflict Kinetics Corporation

- · ECS Federal, LLC
- · Sheridan Family Charitable Fund
  - · Empower Coalition, Inc. · Equinix, Inc.
- · Terathink · Joseph H. Fisher
- Sean Walsh
- Ron 7eff
- \$2,500 \$4,999
- AccelHRate · Amentum
- · AMF Walls & Ceilings, LLC
- · Andersen Financial
- · Baker Tilly
- · BB&T Fredericksburg, VA
- · Bishop's Events, LLC
- · Tami Bredow
- · Business Benefits Group
- · Christopher and Tracy
- Carsnecken · Clarke County Memorial
- · John Coffey
- · David Daniel · Datatility, Inc.
- Robert and Jacie Dawkins

· Drexel Hamilton · John and Maureen Dubia

· Samuel Freeman

· William Gaskill

Keith Halvorsen

· Helping Hands Society of

· Mary and Edwin Hoeltzel

· Iron Workers International

**Greater Washington** 

· Doreen Gee

· Chuck Hicks

· Hilton Worldwide

· The ILEX Group

· Intrepid Solutions

· KForce

· Thomas Klein

· Robert Joseph and

Seth R. Lanhardt

· Shane E. Lanhardt

· Liberty IT Solutions

· Nicholas and Meaghan

· Maersk Line Limited

· Ali and Jacqueline Marashi

· McKinsey & Company, Inc.

· Philip and Donna Martin

· Anne Lantry

Lockwood

· Les Mann

Danis D. Korzeniewski

· Dirt Farm Brewing

- · Newmark & Company · Bob Eisiminger Real Estate, Inc.
- John and Heather Elder · Gary and Dale Nichols
  - · Octo Consultina
    - · William and Suzanne Oelman · PagnatoKarp
    - · Nancy Kay Persley

· MaiGen, Roosevelt Mercer

· Network Designs, Inc.

· Michael and Katherine Move

- · Phillip V. & Svlvia M. Frederickson Foundation
- · Carolyn Chopek Polhemus
- · OTS Data Centers
- · R&R Reinforcing, Inc.
- · RAYPAC
- · Ann Marie Rink · Rosendin Electric. Inc.
- · Bob and Jenny Shields
- · Shoulder 2 Shoulder, Inc.
- · Rebecca and Brent Simor
- Southern Arizona
- Musicians for Healing Snanky's Shenanigans
- · The Starbucks Foundation · Team Tait Family
- Charitable Fund
- · Parker and Helene Teel · Thomson Reuters Special
- Services, LLC · Kylor and Susan Whitaker
- · Judith Ward Whitehouse · Michael and Barbara Wynne
- · Wynne Family Charitable Trust · Zero Point Zero Production Inc.
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Boulder Crest Foundation recognizes the Co-Founders of The Home Depot and philanthropists **Mr. Bernie Marcus** and **Mr. Arthur M. Blank** for their visionary support for military members, veterans, first responders, and their families. Bernie and Arthur's steadfast commitment and generosity allow us the opportunity to grow Boulder Crest and scale our Warrior PATHH program nationwide.





















Boulder Crest Arizona (Sonoita, AZ)

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