 

**Routledge**, an imprint of Taylor & Francis, invites authors to submit proposals for possible publication. Our books are intended both for mental-health and helping professionals, including therapists, psychologists, psychiatrists, counselors, and social workers. We publish textbooks, study guides, and just about any kind of professional book, including resource material for clients and those who work with them (e.g., workbooks), and reference materials.

These guidelines are provided to expedite the submission and decision process. To facilitate our evaluation process, your proposal should include:

1. **A summary paragraph** that gives a concise description of the book’s purpose and scope and an indication of who the audience will be. Why should people buy this book? What is it doing that other books haven’t? Please make sure that there is at least one paragraph devoted to the content of the book and that you’re not just describing the state of the field/research; people who are interested in your book are likely to know this information already.
2. **A table of contents** outlining the book’s sections with all chapter titles as well as a substantive paragraph describing each chapter in detail. Do you think your book should have special features (for example, worksheets, handouts/forms, or a companion website), and, if so, how do you see these features taking shape?
3. **A brief biography** of no more than 150 words. Please make sure to include your current affiliation and references to any recent or important publications. If you are active on social media, please provide details (e.g., number of X/twitter followers, blog hits etc.) Please do not send your full CV.
4. **An estimate of the final manuscript’s length in double-spaced Word pages** (1” margins, 12 pt font). Please include any figures/table, appendices, and references in your estimate.
5. **A list of prospective contributors**, if applicable. Please also provide full institutional/employer affiliation information for each contributor (for example, assistant professor of psychology, University of Colorado–Denver).
6. **Marketing information:** If you are writing a professional book, are you involved in or running training courses which may use the book as a training resource? Is there potential for an accompanying manual that could be used alongside the book with clients? If you are writing a textbook, what is the name of the specific course that would use your proposed book? At what point in the curriculum is this course offered, and is it required?
7. **Peer reviews** of the project will be commissioned. Please provide the names and e-mail addresses of three or more people who you think would be comfortable and capable of providing a reasonably objective assessment and, if necessary, offering constructive criticism. Those reviewers will have the option of providing their comments anonymously.
8. **Simultaneous submissions:** If you are submitting the proposal to other publishers, please let me know—many thanks!

Please note that authors need to be wholly responsible for the originality, validity and integrity of their content, so using AI-based tools and technologies for generating content for proposals, chapters, and/or books is not in line with our authorship criteria.

# Proposals take work, but they can also be tremendously helpful for helping to crystallize your thinking on a project—and, of course, for helping us evaluate your project and its potential. Once reviews are in, I’ll send them to you with my comments, and if they’re reasonably positive and assuming we’re able to find common ground on any major issues raised in the reviews, a contract should be headed your way within a week or two!

If you have any questions about your proposal, please don’t hesitate to let me know.

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